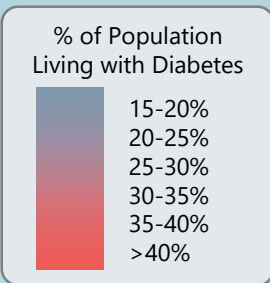
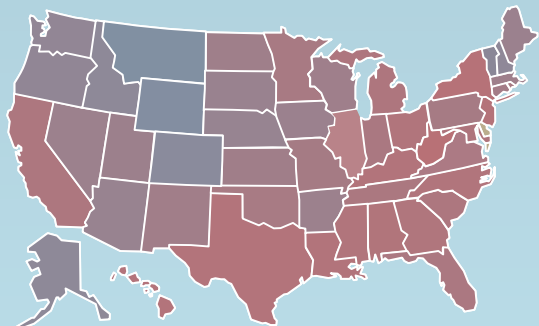


MAKING THE **DIABETES HEART CONNECTION**

Understanding the Link between **Type 2 Diabetes** and **Cardiovascular Disease**

DIABETES IN THE U.S.

Diabetes affects 29 million – **one in eleven** – people in the U.S. At least, 1 in 3 people will develop diabetes in their lifetime.



People living with type 2 diabetes are more than **twice** as likely to develop cardiovascular disease & live **7-8 years less**.

UNKNOWN RISK OF CARDIOVASCULAR DISEASE

Of people with diabetes, **LESS THAN HALF** are aware of their increased risk of cardiovascular diseases.

This lack of awareness prevents people with diabetes, their families, and their healthcare providers from **addressing risks and improving health**.



COSTS OF DIABETES & RELATED CARDIOVASCULAR DISEASE

\$245
BILLION

Annual estimated medical costs and economic losses from premature death and disability caused by diabetes.

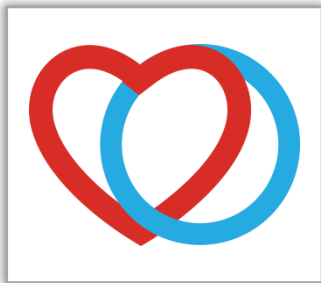


More than 25% of cost of treating diabetes relates to cardiovascular complications.

CHANGE STARTS WITH AWARENESS

Saving lives starts with raising awareness of the risks and taking action to protect health. And you can help! Learn more about National Diabetes Heart Connection Day, November 9th, and year-round efforts. www.diabetesheartconnection.org

Sources: CDC, Info graphic: A Snapshot of Diabetes in America, <http://www.diabetes.org/diabetes-basics/statistics/cdc-infographic.html>; T2D with CVD, Mapping T2D and CVD (2016), <https://www.t2dwithcvd.com/interactive-map>; Franco OH, et al. Associations of Diabetes Mellitus with Total Life Expectancy & Life Expectancy with & without Cardiovascular Disease, Arch Intern Med 2007;167(11):1145-51.



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Online Resources

Diabetes Heart Connection White Paper

[*Making the Diabetes Heart Connection: Awareness, Collaboration Needed to Improve Health*](#)

Mapping T2D and CVD

Explore real world data and learn more about the relationship between type 2 diabetes and cardiovascular disease through this valuable resource focused on bringing a better understanding of the financial and resource impact of these co-morbid diseases.

For Your Sweetheart

Where diabetes and heart disease meet - find out more about talking to your sweethearts and to your healthcare providers about diabetes and heart disease.

IHS Markit Better Management of Diabetes Saves the United States Money

<http://blog.ihs.com/better-diabetes-treatment-can-save-medicare-over-4-billion-per-year>

American Diabetes Association

<http://www.diabetes.org/living-with-diabetes/complications/heart-disease/>

American Heart Association

http://www.heart.org/HEARTORG/Conditions/More/Diabetes/WhyDiabetesMatters/Cardiovascular-Disease-Diabetes_UCM_313865_Article.jsp/#.WR9XbBPYvB

What is Diabetic Heart Disease? <https://www.nhlbi.nih.gov/health/health-topics/topics/dhd>

National Institute of Diabetes and Digestive and Kidney Diseases

<https://www.niddk.nih.gov/health-information/diabetes/overview/preventing-problems/heart-disease-stroke> (Available in Spanish)

National Stroke Association *Diabetes and Stroke Brochure*

National Forum for Heart Disease & Stroke Prevention *Wrong Direction: Troubling Trends in the Rate of U.S. Cardiovascular Disease Deaths*

National Diabetes Education Program's *"Diabetes and Your Heart" infographic* focuses on the ABCs of diabetes and how diabetes affects your heart.

Women in Government: State legislator radio PSAs bring greater awareness of Type 2 diabetes -

<http://www.womeningovernment.org/learn/psa/type-2-diabetes-psa-florida>

American Association of Diabetes Educators

<https://www.diabeteseducator.org/practice/educator-tools/diabetes-and-cvd-resources> (Available in Spanish)