



## OUR WORK AT A GLANCE

### We are...

More than 6,500 public health professionals and thought leaders working in state and territorial health departments, national nonprofits, health systems, federal agencies, academia and the private industry.

### We seek to...

Enhance the work of state and territorial chronic disease leaders to prevent chronic disease and to promote health for all Americans.

### We offer...

- Professional development and workforce training opportunities.
- Program evaluation assistance, including needs assessment, design and planning, database development, and quantitative and qualitative analysis.
- A robust online community at [chronicdisease.org](http://chronicdisease.org), complete with success stories as well as public health and leadership best practices libraries.
- Fiscal agents and accounting services for states and organizations not able to receive special or restricted funds.
- An authoritative voice for chronic disease prevention and health promotion in local and national dialogues.
- Advocacy and legislative learning to support policies and funding for prevention and health promotion.
- Comprehensive meeting and event services for program conferences, trainings, and educational academies.

**“...This is about ... the strengthening of our states and their ability to cope with the issue of chronic disease.”**

—Rep. Rosa DeLauro, ranking member, U.S. House of Representatives Committee on Appropriations Labor Subcommittee (March, 2017)

### Our Achievements include...

- Implemented more than 100 CDC-funded public health projects.
- Served as a MillionHearts® national partner.
- Assisted 10 communities in five states to create inclusive policies, systems, and environments promoting healthy eating, physical activity, and reduced exposure to tobacco products for people with disabilities.
- Hosted eight state engagement meetings on diabetes prevention.
- Reached more than 100 million Americans with prediabetes broadcast television messages working with CBS television and the Ad Council.
- Communicated to physicians nationally, regarding the need to screen their patients for colorectal cancer.
- Organized a national thought-leaders roundtable to discuss Medicaid reimbursement models for chronic disease.
- For more information about these and other accomplishments in our project portfolio, please visit [chronicdisease.org](http://chronicdisease.org).

### BY THE NUMBERS:

6,500

members nationwide

18

staff at NACDD  
Headquarters

43

subject matter expert  
consultants

17

million dollars in revenue

100+

current projects  
underway



**“These long-term contributions of changing lifestyle are really priceless investments... The money saved on the back end in Medicare and Medicaid is just unbelievable.”**

—Rep. Tom Cole, chairman, U.S. House of Representatives Committee on Appropriations Labor Subcommittee (March, 2017)

## How Chronic Diseases Impact Every American

- According to the CDC about **half of all American adults** (117 million people) have at least one chronic health condition; one-quarter of Americans experience more than one chronic disease.
- The **rates of obesity are increasing** among school-aged children, placing them at higher risk for chronic disease.
- About one-quarter of people with chronic disease endure **one or more daily activity limitations**.
- Patients and their families may experience a **reduced quality of life** due to caregiving responsibilities.
- Our communities are losing revenue—**75 percent of our nation’s healthcare spending** goes toward treatment of chronic disease.
- Preventable chronic diseases dominate the **leading causes of death** in the United States, with heart attack and stroke causing nearly half of all mortality.
- The CDC reports that **chronic diseases can intensify symptoms of mental illnesses** such as depression.

## Why Every American Benefits from NACDD Activities

- Patients and their families can experience **higher qualities of life** and lower risks for serious illness through access to programs that help people adopt and maintain healthy lifestyles and behaviors.
- Our society can save **billions of dollars every year** by preventing healthcare costs for cancer, diabetes, heart disease, and arthritis.
- Businesses have **more productive workforces** due to reduced absenteeism.
- Healthy school-aged children have **better academic achievement** and greater future job potential and opportunities.
- Our military has a more fit population of new recruits for basic training and **stronger defense capabilities**.

**”When I became a state chronic disease director, NACDD was the first call I made. I knew I would benefit from the support of a community of my colleagues and from the Association’s strategic guidance.”**

—Jean O’Connor, Ph.D., M.P.H., chronic disease director, Georgia Department of Public Health (January, 2017)

## NACDD Core Programs

- |                                 |                                 |                             |
|---------------------------------|---------------------------------|-----------------------------|
| Arthritis                       | Evidence-Based Public Health    | Oral Health                 |
| Biomarker                       | Gestational Diabetes            | Osteoporosis                |
| Cancer                          | Healthy Aging                   | Women’s Health              |
| Cardiovascular Health           | Healthy Communities             | Pacific Chronic Disease     |
| Chronic Kidney Disease          | Health Equity                   | Coordinated Chronic Disease |
| Diabetes                        | The Lupus Project               | School Health               |
| Epidemiology Mentorship Program | Nutrition and Physical Activity | Vision and Eye Health       |
|                                 | Obesity                         |                             |