



# SHARING REBATES ON DIABETES MEDICINES COULD SAVE PATIENTS IN NORTH DAKOTA \$8.3 MILLION A YEAR\*

\$791 SAVED PER PERSON PER YEAR SHARING 100% OF REBATES WITH PATIENTS REDUCES OUT-OF-POCKET COSTS ON DIABETES MEDICINES BY 40%



Reducing out-of-pocket costs for diabetes medicines IMPROVES ADHERENCE AND LOWERS COSTS by preventing diabetes complications.

## IMPROVED ADHERENCE COULD MEAN 1 MILLION FEWER HOSPITAL VISITS A YEAR IN U.S. AND BENEFITS:



#### **PEOPLE WITH DIABETES**

By reducing costs at the pharmacy and overall health risks



**EMPLOYERS** 

By reducing disability, sick days, and medical spending



**HEALTH PLANS** 

By reducing medical services use and overall spending

SAVINGS IF ENTIRE REBATE	MEDICAL AND NET DRUG SAVINGS (2018 \$US)			
SHARED WITH PATIENTS	TOTAL SAVINGS	SAVINGS FOR PATIENTS	SAVINGS FOR HEALTH PLANS	
Annual Per Person Savings	\$884	\$791	\$93	
Average Annual Savings for Full Population	\$9.3 Million	\$8.3 Million	\$1 Million	

REDUCED HEALTH SPENDING FROM BETTER OUTCOMES MORE THAN OFFSETS INCREASED HEALTH PLAN SPENDING ON DRUGS WHEN REBATES ARE SHARED.

### TO LEARN MORE ABOUT THE COST OF CHRONIC DISEASES FOR PEOPLE LIVING IN YOUR STATE, VISIT WWW.FIGHTCHRONICDISEASE.ORG/PFCD-IN-THE-STATES

Sources: CDC, US Diabetes Surveillance System, Adults with Diabetes, Total, 2016. (March 2018); Jha, A. K., Aubert, R. E., Yao, J., Teagarden, J. R., & Epstein, R. S. (2012). Greater adherence to diabetes drugs is linked to less hospital use and could save nearly \$5 billion annually. Health Affairs, 31(8), 1836-1846.

Due to rounding, numbers presented may not sum precisely to the totals provided.

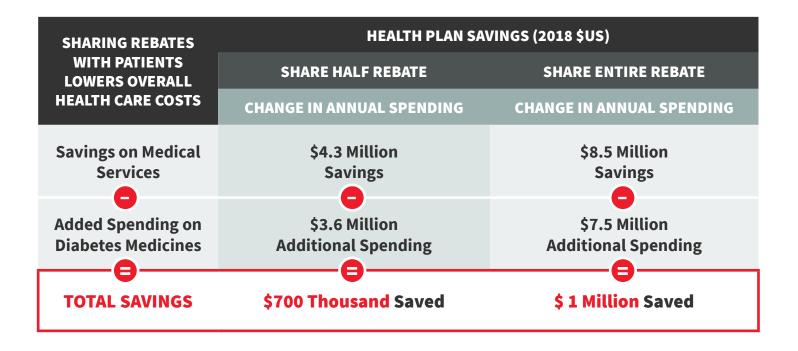
\*Estimates included only the commercially insured adult diabetes patient population taking brand diabetes medicines. Rebates include steep discounts health plans & PBMs negotiated to save on brand medications. For more information on assumptions & methods, visit www.fightchronicdisease.org/pfcd-in-the-states



# Sharing even half the rebates for diabetes medicines would save money for both health plans and people taking the medicines.

SAVINGS IF HALF THE	MEDICAL AND NET DRUG SAVINGS (2018 \$US)			
REBATE IS SHARED WITH PATIENTS	TOTAL SAVINGS	SAVINGS FOR PATIENTS	SAVINGS FOR HEALTH PLANS	
Annual Per Person Savings	\$442	\$377	\$65	
Average Annual Savings for Full Population	\$4.7 Million	\$4 Million	\$700 Thousand	

As adherence improves, health plans spend more on medicines for diabetes, but those costs are more than offset by reduced medical spending from preventing diabetes-related complications.



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