



SHARING REBATES ON DIABETES MEDICINES COULD SAVE PATIENTS IN NORTH DAKOTA \$8.3 MILLION A YEAR*

\$791 SAVED PER PERSON PER YEAR

SHARING 100% OF REBATES WITH PATIENTS REDUCES OUT-OF-POCKET COSTS ON DIABETES MEDICINES **BY 40%**



Reducing out-of-pocket costs for diabetes medicines **IMPROVES ADHERENCE AND LOWERS COSTS** by preventing diabetes complications.

IMPROVED ADHERENCE COULD MEAN 1 MILLION FEWER HOSPITAL VISITS A YEAR IN U.S. AND BENEFITS:



PEOPLE WITH DIABETES

By reducing costs at the pharmacy and overall health risks



EMPLOYERS

By reducing disability, sick days, and medical spending



HEALTH PLANS

By reducing medical services use and overall spending

SAVINGS IF ENTIRE REBATE SHARED WITH PATIENTS	MEDICAL AND NET DRUG SAVINGS (2018 \$US)		
	TOTAL SAVINGS	SAVINGS FOR PATIENTS	SAVINGS FOR HEALTH PLANS
Annual Per Person Savings	\$884	\$791	\$93
Average Annual Savings for Full Population	\$9.3 Million	\$8.3 Million	\$1 Million

REDUCED HEALTH SPENDING FROM BETTER OUTCOMES MORE THAN OFFSETS INCREASED HEALTH PLAN SPENDING ON DRUGS WHEN REBATES ARE SHARED.

TO LEARN MORE ABOUT THE COST OF CHRONIC DISEASES FOR PEOPLE LIVING IN YOUR STATE, VISIT WWW.FIGHTCHRONICDISEASE.ORG/PFCD-IN-THE-STATES

Sources: CDC, US Diabetes Surveillance System, Adults with Diabetes, Total, 2016. (March 2018); Jha, A. K., Aubert, R. E., Yao, J., Teagarden, J. R., & Epstein, R. S. (2012). Greater adherence to diabetes drugs is linked to less hospital use and could save nearly \$5 billion annually. Health Affairs, 31(8), 1836-1846.

Due to rounding, numbers presented may not sum precisely to the totals provided.

*Estimates included only the commercially insured adult diabetes patient population taking brand diabetes medicines. Rebates include steep discounts health plans & PBMs negotiated to save on brand medications. For more information on assumptions & methods, visit www.fightchronicdisease.org/pfcd-in-the-states



Sharing even half the rebates for diabetes medicines would save money for both health plans and people taking the medicines.

SAVINGS IF HALF THE REBATE IS SHARED WITH PATIENTS	MEDICAL AND NET DRUG SAVINGS (2018 \$US)		
	TOTAL SAVINGS	SAVINGS FOR PATIENTS	SAVINGS FOR HEALTH PLANS
Annual Per Person Savings	\$442	\$377	\$65
Average Annual Savings for Full Population	\$4.7 Million	\$4 Million	\$700 Thousand

As adherence improves, health plans spend more on medicines for diabetes, but those costs are more than offset by reduced medical spending from preventing diabetes-related complications.

SHARING REBATES WITH PATIENTS LOWERS OVERALL HEALTH CARE COSTS	HEALTH PLAN SAVINGS (2018 \$US)	
	SHARE HALF REBATE	SHARE ENTIRE REBATE
	CHANGE IN ANNUAL SPENDING	CHANGE IN ANNUAL SPENDING
Savings on Medical Services -	\$4.3 Million Savings -	\$8.5 Million Savings -
Added Spending on Diabetes Medicines =	\$3.6 Million Additional Spending =	\$7.5 Million Additional Spending =
TOTAL SAVINGS	\$700 Thousand Saved	\$ 1 Million Saved