

# WHAT IS THE IMPACT OF CHRONIC DISEASE ON MAINE?



PARTNERSHIP TO FIGHT  
CHRONIC DISEASE  
A VISION FOR A HEALTHIER MAINE

FightChronicDisease.org/Maine

Projected total cost of chronic disease 2016-2030 in Maine

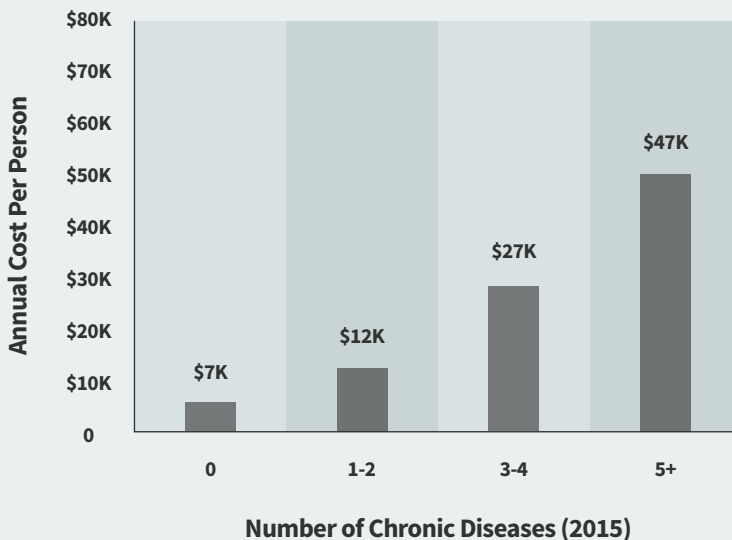
# \$183 BILLION

In 2015, **827 thousand** people in Maine had at least 1 chronic disease, **336 thousand** had 2 or more chronic diseases.

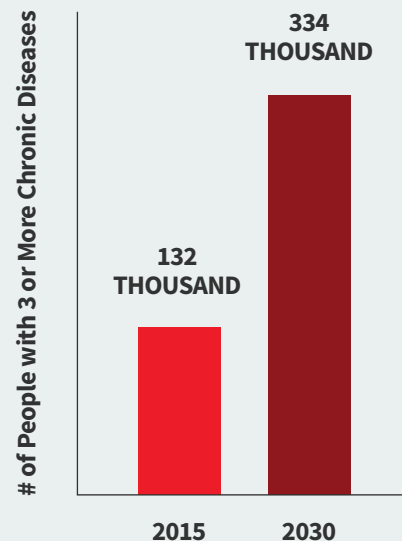
Chronic diseases could cost Maine **\$8.7 billion** in medical costs and an extra **\$3.5 billion** annually in lost employee productivity (average per year 2016-2030).

**5% OF PEOPLE ACCOUNT FOR 50% OF HEALTH CARE SPENDING<sup>1</sup>  
IN MAINE...**

HEALTH CARE COSTS ARE CONCENTRATED AMONG THOSE WITH MULTIPLE CHRONIC DISEASES



NUMBER OF PEOPLE WITH 3+ CHRONIC DISEASES IS GROWING



<sup>1</sup> SB Cohen, "The Concentration and Persistence in the Level of Health Expenditures over Time: Estimates for the U.S. Population, 2012- 2013." Statistical Brief #481. AHRQ, Sept. 2015. [http://meps.ahrq.gov/mepsweb/data\\_files/publications/st481/stat481.pdf](http://meps.ahrq.gov/mepsweb/data_files/publications/st481/stat481.pdf)

**\$9,500 PER  
MAINE RESIDENT**

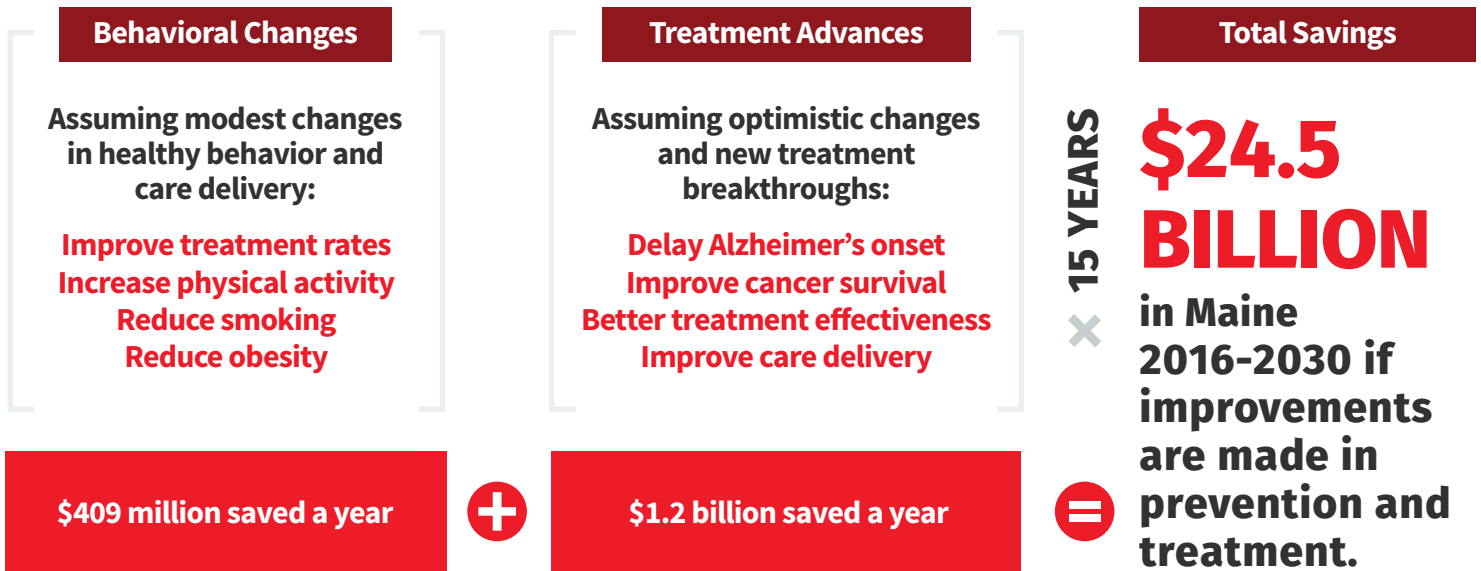
Projected **per person** medical and productivity cost of chronic disease in 2030 if current trends continue



**In Maine, 5,400 lives could be saved annually through better prevention and treatment of chronic disease.**

**TOGETHER WE CAN DO BETTER**

# Now is our chance to make a difference. Simple changes can prevent new cases of chronic disease and save money for Maine.



**Medical breakthroughs can and will transform lives and save health care costs over the next 15 years in Maine and across the United States.**

	Maine	U.S.
Prevented Cases of Chronic Disease	656 Thousand	169 Million
Total Cost Avoided	\$24.5 Billion	\$6 Trillion
Lives Saved	81 Thousand	16 Million

NOTE: The above outcomes are averages of annual outcomes across 2016-2030. All estimates are based on a microsimulation analysis conducted by IHS Life Sciences. For additional information on methodology, please visit [www.ihs.com/industry/life-sciences.html](http://www.ihs.com/industry/life-sciences.html).

**LET'S MAKE A DIFFERENCE, SPEAK OUT: [FIGHTCHRONICDISEASE.ORG/SPEAK-OUT](http://FIGHTCHRONICDISEASE.ORG/SPEAK-OUT)**



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